

Geological Trail - Short Loop

Alaric



A trail for experienced hikers, featuring challenging climbs and stunning views —this alternative route shortens the full 9-km loop hike.

With ridgelines, steep ascents, and sections through the woods, this challenging route is sure to surprise you!

Through several interpretive signs, this trail sheds light on various geological mysteries. Why does it feel like you're walking on a fossilized sea in the heart of the garrigue? How is it possible to find water in such an arid environment, devoid of permanent streams, amidst rocks and plants adapted to drought? What role do the tilted rock layers play in this phenomenon? Can simple undulations in the terrain reveal the grand stories of Earth's

Useful information

Practice : By foot

Duration : 2 h

Length : 6.7 km

Trek ascent : 251 m

Difficulty : Medium

Type : Boucle

Themes : Point de vue

evolution? And where can you see rocks dating back 320 to 400 million years?

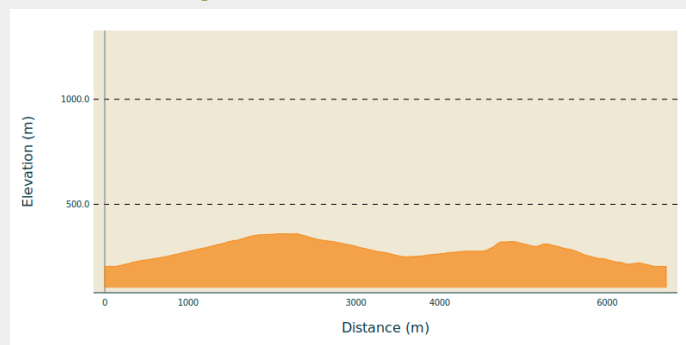
Trek

Departure : PRADELLES-EN-VAL (Val-de-Dagne) - Lake Parking Lot

Arrival : PRADELLES-EN-VAL - Lake Parking Lot

Cities : 1. Val-de-Dagne
2. Barbaira

Altimetric profile



Min elevation 203 m Max elevation 360 m

Trail Markings: yellow

Start at the welcome sign located in the parking lot across from the community center, walk behind it. At the end, turn right and head up the old Capendu trail.

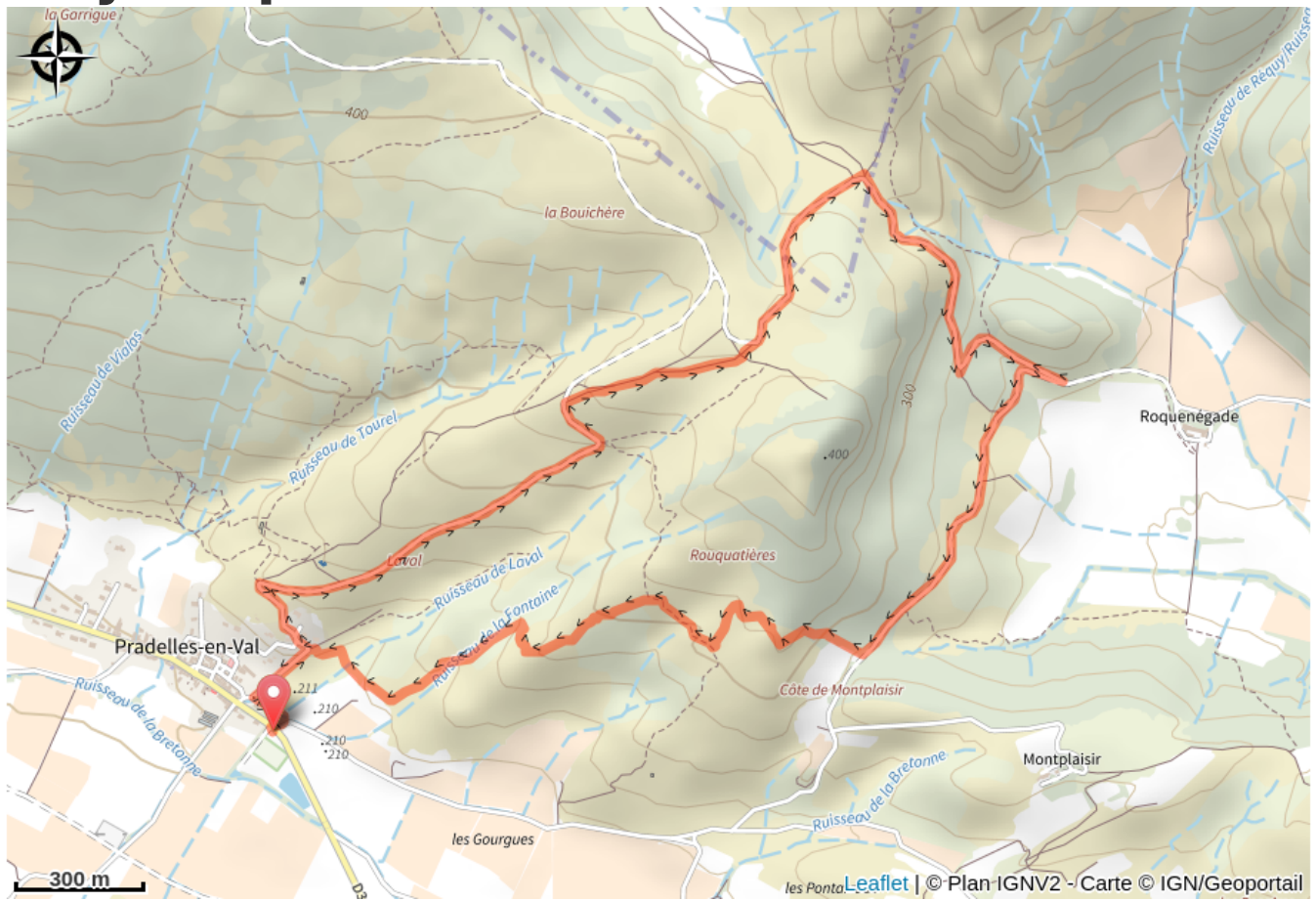
When you reach a fork, turn right and continue straight for about one kilometer.

At a grassy pass, you can shorten the trail by about 2.6 km by taking the “Variante” to the right, which leads downhill.

At the trail, turn right and stay on it for about 1.3 km. A new directional sign will instruct you to turn right into a field and head to the top of it. It’s a short climb, but you’ll enjoy the view, the vegetation, and the stroll along a trail that will lead you into a small valley toward the village for your return to the parking lot.

Tips: Don’t forget your water bottle and a hat. The full hike is not recommended in summer, as the ascent is very sunny.

On your path...



All useful information

Advices

Ne pas oublier gourde, chapeau. La randonnée complète n'est pas conseillée en été, la montée étant fortement ensoleillée. Forte exposition au vent également.

How to come ?

Transports

[RTCA Ligne I](#)

Access

From Carcassonne, take the D6113 toward Rte des Corbières. Then, at the entrance to Trèbes, turn right onto the D3 and continue to Pradelles-en-Val Val-de-Dagne, passing through Fontiès and then Monze.

Advised parking

Parking du plan d'eau, face au foyer

Information desks

Office de Tourisme - Antenne Canal du Midi

Avenue Pierre Curie, 11800 TREBES

contact@grand-carcassonne-tourisme.fr

Tel : 04 68 78 89 50

<https://www.grand-carcassonne-tourisme.fr/votre-sejour/pratique/loffice-de-tourisme/nos-bureaux-dinformations/antenne-de-montolieu-cabardes/>