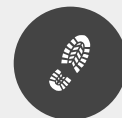


The "Capitelles"

Cabardès



This walk, located in undergrowth wood, would be appreciated during heatwaves.

Useful information

Practice : By foot

Duration : 2 h

Length : 5.0 km

Trek ascent : 155 m

Difficulty : Easy

Type : Boucle

Themes : Woods

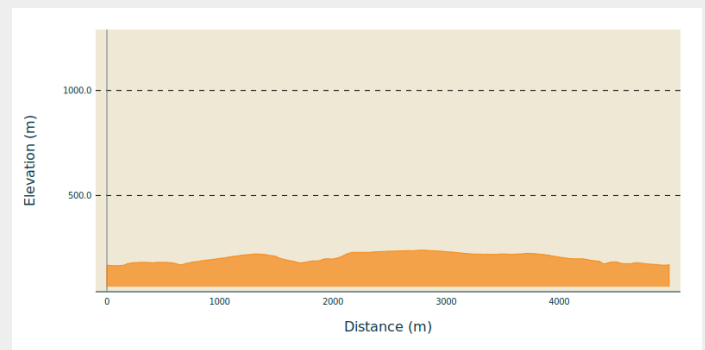
Trek

Departure : SAINT-MARTIN-LE-VIEIL -
Parking lot at the foot of the village

Arrival : SAINT-MARTIN-LE-VIEIL - Parking
lot at the foot of the village

Cities : 1. Saint-Martin-le-Vieil
2. Cenne-Monestiés

Altimetric profile



Min elevation 166 m Max elevation 240 m

Yellow Markings

The trail begins at the Carsac Stone, located near Les Tours, beneath the rose window of the medieval-inspired garden.

Take the small paved road to the left of the sign showing the town's three trails.

At the junction, turn left onto the service road from St. Martin-le-Viel to La Combe. Hike uphill alongside a remarkable wall and continue through the Ficelle Woods.

When you reach the edge of the woods, cross the field and follow the edge of the woods until you reach Route D64. Cross the bridge and, 150 meters further on in the woods on the left, you'll find a capitelle - dry-stone cabin - that is unique due to its orientation that differs from all the others

Continue along the route through the woods (you'll need to climb); at the edge, turn right onto the Chemin de Roucou.

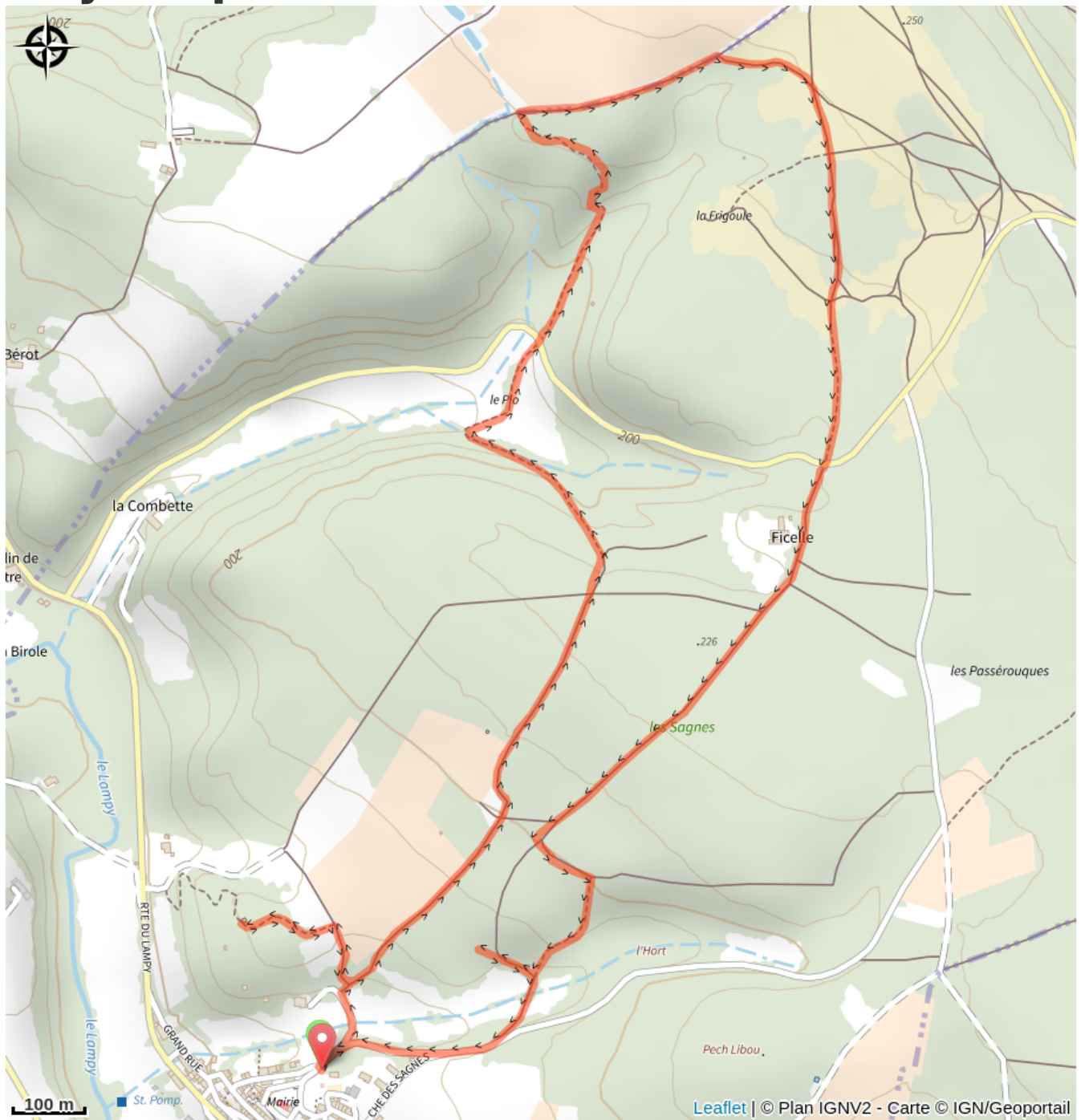
You'll arrive at a rocky plateau; take note of the rugged brushwood vegetation typical of the garrigue.

The trail markers point to the right; ignore the side trails. Then take the path over a large stone that once marked the width of a "Caritou."

Cross the D64 again to descent to the Ficelle Woods—very pleasant on summer days.

At the junction with the small paved road, turn right to return to the Carsac Stone.

On your path...



All useful information

How to come ?

Access

From Carcassonne, take the D6113 and pass through the towns of Pennautier and Pezens. Once you reach Alzonne, take the D34 to Saint-Martin-Le-Vieil.

Advised parking

Parking au pied du village

Information desks

Office de Tourisme - Antenne Cabardès

Place Jean Guehenno, 11170 MONTOLIEU

contact@grand-carcassonne-tourisme.fr

Tel : 04 68 24 80 80

<https://www.grand-carcassonne-tourisme.fr/votre-sejour/pratique/loffice-de-tourisme/nos-bureaux-dinformations/antenne-de-montolieu-cabardes/>