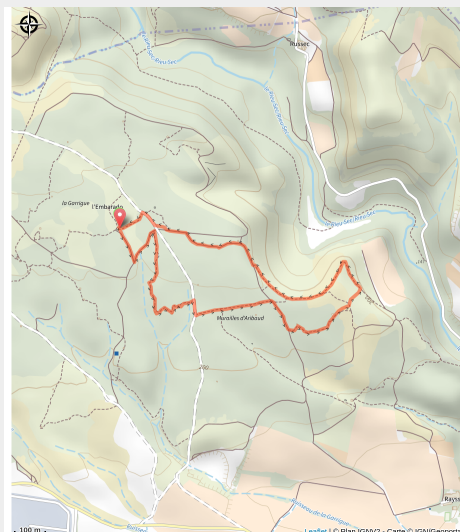
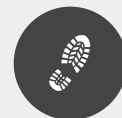


# The "Capitelles" - Le Cagarot

Cabardès



In Conques-sur-Orbiel, about thirty volunteers meet for half a day each week to restore these "capitelles" - dry-stone cabins -, which once served as shelters for winegrowers in winter times.

Forty-five "capitelles" mark four trails in a magnificent setting.

A fabulous heritage site with the Pyrenees and the Montagne Noire as a backdrop.

The garrigue of Conques offers the scents and beauty of its formations amid magnificent landscapes.

Originally, these "walls" were used to mark property boundaries and create enclosures for livestock at night.

## Useful information

Practice : By foot

Duration : 1 h

Length : 2.7 km

Trek ascent : 54 m

Difficulty : Very easy

Type : Boucle

Themes : Point de vue, Archéologie et histoire

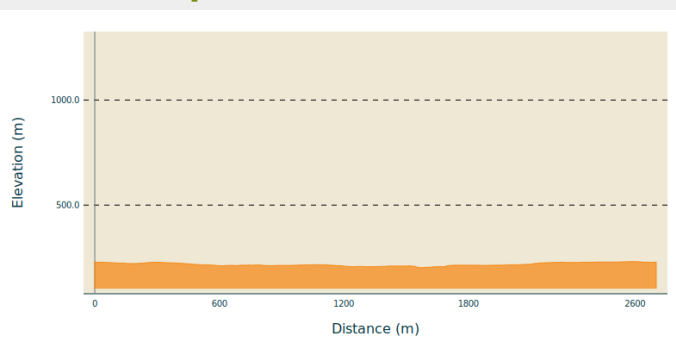
# Trek

**Departure** : CONQUES SUR OORBIEL - on the blue trail "Les Murailles d'Aribaud"

**Arrival** : CONQUES SUR OORBIEL - on the blue trail "Les Murailles d'Aribaud"

**Cities** : 1. Conques-sur-Orbiel

## Altimetric profile



Min elevation 202 m    Max elevation 231 m

## Trail Markings: Pink

The starting point of the Cagarot Trail is not located at the trailhead sign, as with the other three trails. To reach it, you must first follow the "Les Murailles d'Aribaud" trail (blue markings) for about 600 meters in the direction of the route. From the "L'Embarado" picnic area in the woods, the "Le Cagarot" loop (pink trail markers) begins.

Set off again in front of the "capitelle", then turn left shortly afterward. Before reaching a trail junction, turn right to cross a small wall. Pass in front of the "dansaïro" (a nickname given to the person who works the plot) and then near a rabbit warren or shelter: the Garenne de Gauby.

When you reach a trail, turn right, and after 50 meters, turn left onto a long straight stretch. Enjoy the shade provided by the pine and holm oak trees along the route.

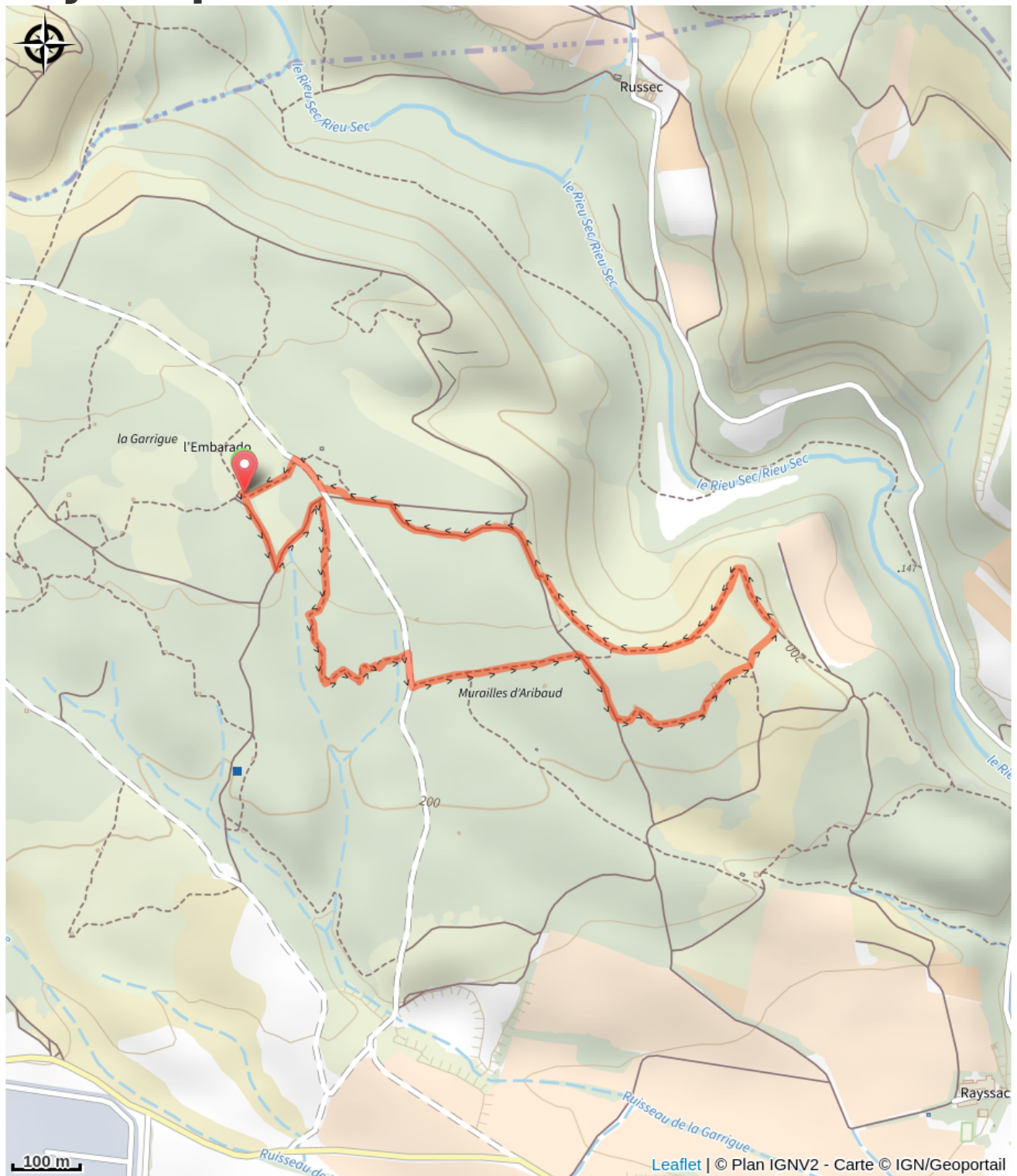
At the trail junction, turn right, where you'll follow a major "draille" (transhumance trail) with reconstructed stone walls.

After about 200 meters, turn left onto a gravel path; as you wind through the vegetation, you'll discover several "capitelles". At the end, turn left, and as you face the view, take a moment to appreciate the magnificent vista of the limestone cirque and listen for the peaceful trickling of the "Rieu Sec." Continue to the left and follow the trail, turning left again.

At the trail junction, turn right, and 100 meters further on, turn left to return to the picnic area in the woods. Continue to the right, following the "blue" trail markers, to return with a view of the Pyrenees mountain range: take a moment to admire this view.

**Tips:** The restoration of the "capitelles" is the result of the work of volunteers from the Foyer Laïque de Conques sur Orbiel. Please respect what has been restored by not moving the stones on these structures, which remain fragile.

# On your path...



# All useful information

## **Is in the midst of the park**

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

## **Advices**

Un arrêté municipal portant interdiction temporaire d'accès à une zone délimitée des Capitelles suite à des empoisonnements de chiens autour du 14 mai 2026. Cette décision est avant tout une mesure préventive visant à garantir la sécurité de tous.

Nous vous remercions de votre compréhension et vous invitons à respecter les restrictions mises en place jusqu'à nouvel ordre

## **How to come ?**

### Access

Just outside Conques-Sur-Orbiel on the D101, then the D901, which runs alongside the "Rieu Sec" stream.

### Advised parking

Placette près du panneau d'informations du sentier

## **Information desks**

### **Tourist Information Center - Caunes Minervois**

Ruelle du Monestier, 11160 Caunes-Minervois

[contact@grand-carcassonne-tourisme.fr](mailto:contact@grand-carcassonne-tourisme.fr)

Tel : 04 68 76 34 74

<https://www.grand-carcassonne-tourisme.fr/votre-sejour/pratique/loffice-de-tourisme/nos-bureaux-dinformations/antenne-de-caunes-minervois/>