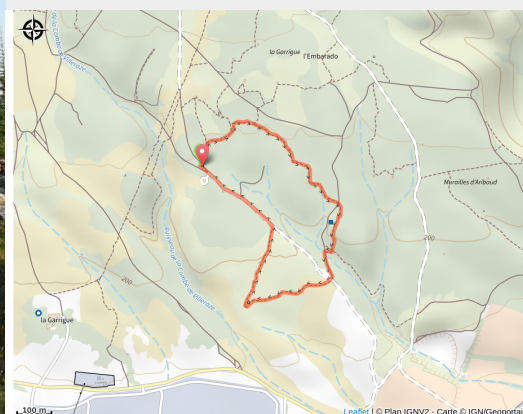
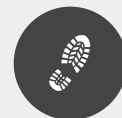


The “Capitelles” - The Scrubland Steam

Cabardès



In Conques-sur-Orbiel, about thirty volunteers meet for half a day each week to restore these "capitelles" - dry-stone cabins -, which once served as shelters for winegrowers during winter times.

Forty-five "capitelles" mark four trails in a magnificent setting.

In this garrigue landscape, farmers and Andorran herds have given way to fragrant plant species. Here, one finds the priceless remnants of this past.

A landscape that changes from one valley to the next, dotted with little stone gems: "capitelles",

Useful information

Practice : By foot

Duration : 1 h

Length : 1.8 km

Trek ascent : 37 m

Difficulty : Very easy

Type : Boucle

Themes : Archéologie et histoire

“assietadous”... names bringing Mediteranean sun to your ears!!

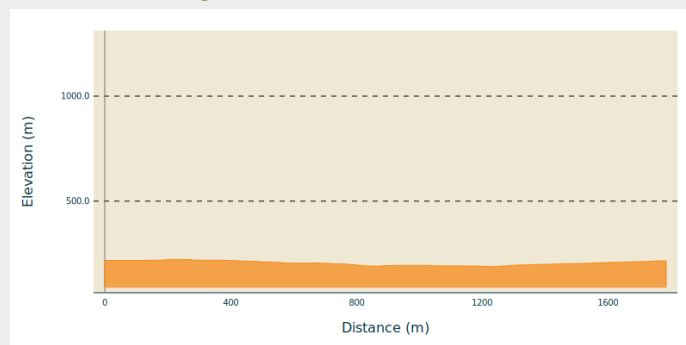
Trek

Departure : CONQUES-SUR-ORBIEL – Capitelle Sign

Arrival : CONQUES-SUR-ORBIEL – Capitelle Sign

Cities : 1. Conques-sur-Orbiel

Altimetric profile



Min elevation 188 m Max elevation 223 m

Green Markings

From the starting sign, turn right twenty meters ahead and keep turning right; the green sign for the “Le ruisseau de la Garrigue” trail invites you to venture into the very dense vegetation.

Soon, the first "capitelle", named “La Mignarda,” comes into view.

It features a distinctive four-sided dome. From there, green arrows mounted on posts will guide you along the entire loop.

At the following "capitelles", notice the protruding stones built into the outer wall—known locally as “assietadous”—which serve as seats.

Further along, one “capitelle” is distinguished by its dome, covered with earth to protect it from erosion.

Every year in the spring, when the irises bloom, it becomes a sight to behold, taking on shades of blue and yellow. When you reach a trail, head straight ahead. Continue walking through very sparse scrubland toward a small valley.

When you reach a trail, turn left onto it and climb up to the trail junction, then pay close attention to the trail markers.

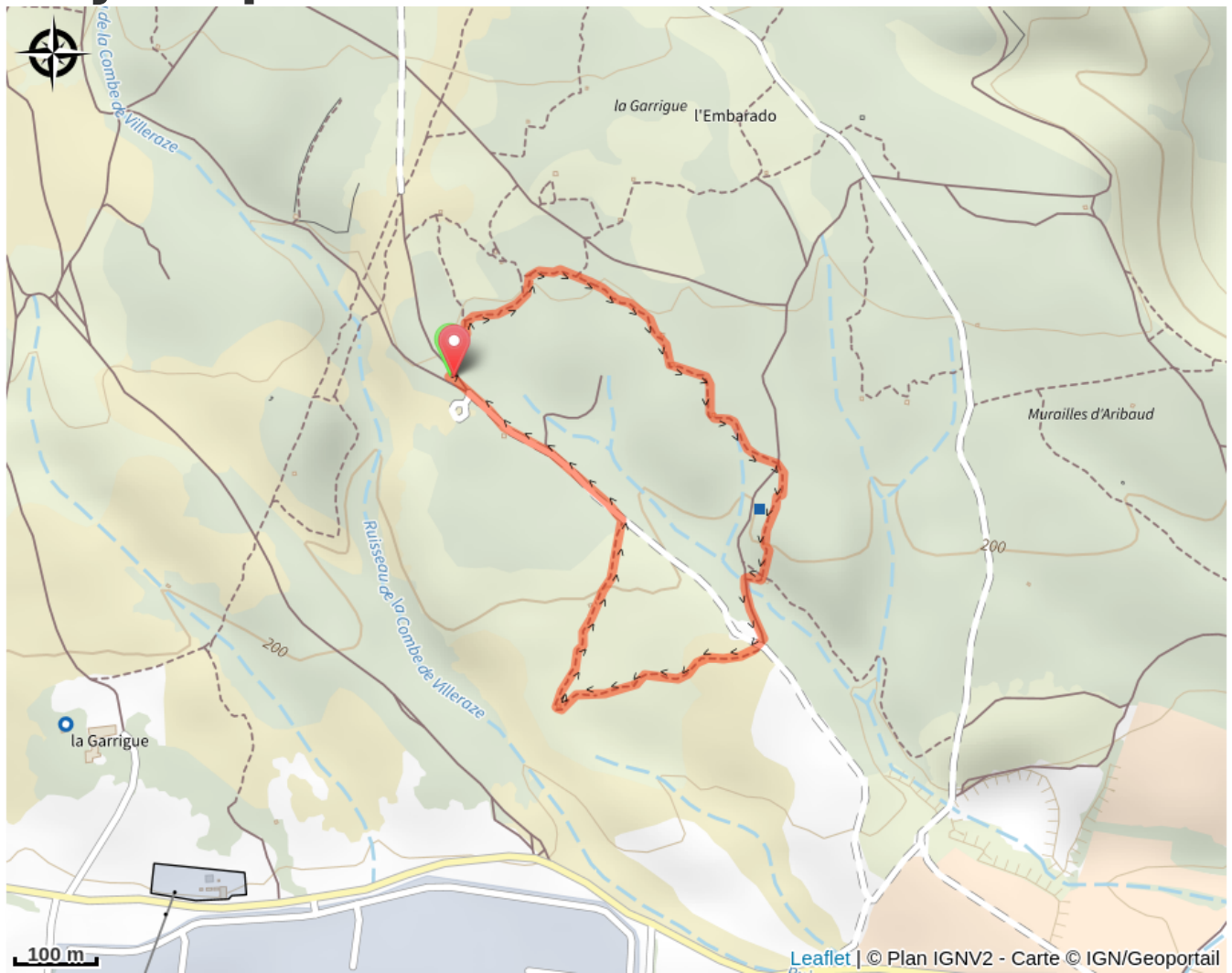
Turn right and continue along a trail through the sparse garrigue, facing the Pyrenees.

Back on a trail, turn left toward the last "capitelle" on the loop, “La Semparella.”

It features a mule shelter whose roof was covered with tiles until the 1940s, when it was last used.

Ideal family hike !

On your path...



All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

Advices

Un arrêté municipal portant interdiction temporaire d'accès à une zone délimitée des Capitelles suite à des empoisonnements de chiens autour du 14 mai 2026. Cette décision est avant tout une mesure préventive visant à garantir la sécurité de tous.

Nous vous remercions de votre compréhension et vous invitons à respecter les restrictions mises en place jusqu'à nouvel ordre .

La restauration des capitelles : fruit du travail de bénévoles solidaires du foyer Laïque de Conques sur Orbiel. Merci de respecter ce qui a été reconstitué en ne déplaçant pas les pierres sur ces constructions qui restent fragiles.

How to come ?

Transports

Ligne L RTCA

Access

Just outside Conques-Sur-Orbiel on the D101, then the D901, which runs alongside the "Rieu Sec" stream.