The “Capitelles” - The Cocalière Plain

Cabardès

In this scrubland area, Andorran farmers and herds have given way to fragrant plant species.

Here, one can find the priceless remnants of that past.

A landscape that changes from one valley to the next, dotted with little stone gems: capitelles, assietadous… names bringing Mediterranean sun to your ears!

The restoration of the “capitelles” is the result of the work of volunteers from the Foyer Laïque de Conques-sur-Orbiel.

Forty-five “capitelles” - dry-stone shelter - mark five trails in a magnificent setting.

Useful information

Practice : By foot

Duration : 2 h 30

Length : 4.0 km

Trek ascent : 82 m

Difficulty : Easy

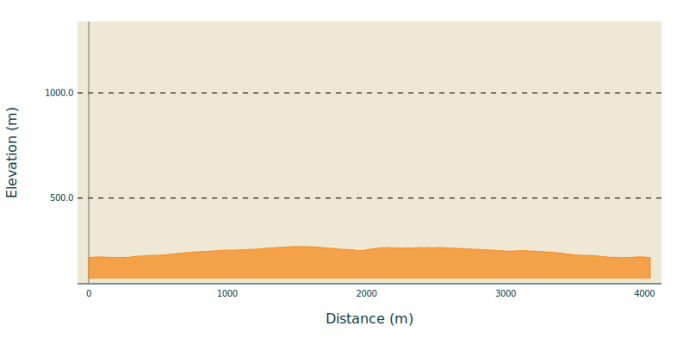
Type : Boucle

Themes : Archéologie et histoire

Trek

Departure : CONQUES SUR ORBIEL
Arrival : CONQUES SUR ORBIEL
Cities : 1. Conques-sur-Orbiel
2. Salsigne

Altimetric profile



Min elevation 216 m Max elevation 269 m

Trail Markings: Orange

Start to the left of the large sign. Follow the trail markers on the wooden posts; the path descends slightly.

The first "capitelle" you come to is quite an impressive structure. Be curious and feel free to wander around it.

At the trail junction, take the path straight ahead, slightly offset to the left. After 200 meters, turn left toward a "capitelle" and continue deeper into the fragrant garrigue. Discover the “Siamoises,” a pair of adjoining "capitelles" unique to the region.

Shortly after, cross the trail again and continue straight ahead for 50 meters, then turn right onto a long straight stretch.

Leave the trail to the left; further on, at a right-hand curve, on the outside of the curve, a surprising, perfectly round "capitelle" comes into view. When you emerge onto a trail, head right until you reach a star-shaped intersection.

At the intersection, turn right again, and then right once more at the next intersection. After about 150 meters, leave the path on the left and take a narrow trail.

Further on, when you rejoin the trail, turn right, then shortly after, at the trail junction, turn left.

You’re already on your way back!

On your path...

Plaine de
Cocalière
Ruisseau de Cocalière
Ruisseau de la Combe d'Aumerède
100 m
Leaflet | © Plan IGNV2 - Carte © IGN/Geoportail

All useful information

⚠ Advices

Un arrêté municipal portant interdiction temporaire d’accès à une zone délimitée des Capitelles suite à des empoisonnements de chiens autour du 14 mai 2026. Cette décision est avant tout une mesure préventive visant à garantir la sécurité de tous.
Nous vous remercions de votre compréhension et vous invitons à respecter les restrictions mises en place jusqu’à nouvel ordre

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Merci de respecter ce qui a été reconstitué en ne déplaçant pas les pierres sur ces constructions qui restent fragiles.

How to come ?

Access

Just outside Conques-Sur-Orbiel on the D101, then the D901, which runs alongside the "Rieu Sec" stream.

Advised parking

Placette près du panneau d'informations du sentier

Information desks

Tourist Information Center - Caunes Minervois
Ruelle du Monestier, 11160 Caunes-Minervois

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Tel : 04 68 76 34 74
https://www.grand-carcassonne-tourisme.fr/votre-sejour/pratique/loffice-de-tourisme/nos-bureaux-dinformations/antenne-de-caunes-minervois/