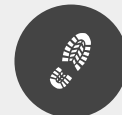


Around Miramont

Alaric - Barbaira



Ruines de Miramont



From the top of this headland, the view embraces a magnificent landscape formed by the Aude valley, the reliefs of the Minervois up to the borders of the Montagne Noire.

The vestiges which still remain, were built on top of the foundations of the castle of the Visigothic king, Alaric II. Erected on a strategic point, the castle was probably built by the lords of Capendu at the beginning of the Middle Ages. The remains of the *Miramont Castle* are attached to the northern side of the *Alaric mountain*, 4 km southwest of the town of *Barbaira*. Standing on the isolated plateau at an altitude of over 300m/985ft, this site is a protected area.

Useful information

Practice : By foot

Duration : 2 h 30

Length : 7.4 km

Trek ascent : 365 m

Difficulty : Medium

Type : Aller-retour

Themes : Point de vue, Archéologie et histoire

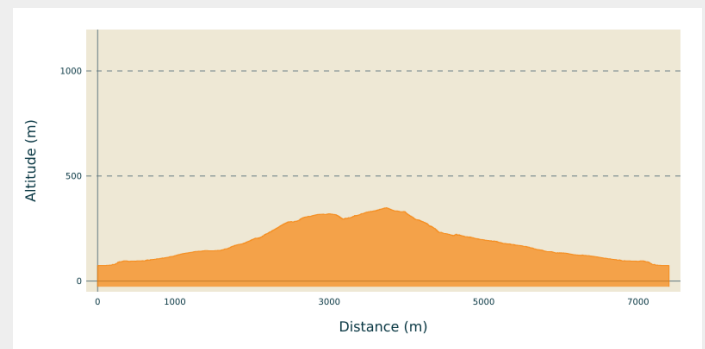
Trek

Departure : Barbaira- Place du 14 Juillet

Arrival : Barbaira - Place du 14 Juillet

Cities : 1. Barbaira
2. Floure

Altimetric profile



Min elevation 73 m Max elevation 349 m

Signs: Yellow markings topped by a circle of the same colour

From the "*Place du 14 Juillet*" square take the *rue de la Mairie*, pass under the railway line and take the Côte à Cailloux (steep pebble path), a medieval track. Place de l'Eglise, take the *rue du Carrayrat* then turn left on *rue de la Faichette*. Turn right on *rue de Miramont* and follow the *chemin de la Tuilerie* to leave the village.

Pass under the highway and turn right for about 200m/656ft.

Turn left, then right, on a slightly steep path lined with low walls. Follow the *Chemin du four à Chaux* up to the parking lot of the plant nursery. Cross the D8008 and follow the path to the plant nursery for 200m/656ft.

Turn right onto the *Pas de Roland* path, then a few dozen meters further on, this will take you to a viewpoint overlooking the *Aude valley*, the *Minervois* relief as far as the edge of the *Montagne Noire*.

Carry on along the path up to the "departmental" road.

At this point, turn left for about 600m/1970ft.

At the track intersection, turn left and go down the path on 200m/656ft.

You are on the site of the remains of the *Miramont castle*.

Then carry on going down by the same route towards the plant nursery, turn right to reach the village by taking the departmental road D8008 through the farmstead "*metairie*" towards the village.

On your path...



All useful information

How to come ?

Advised parking

Place du 14 juillet

Information desks

Office de Tourisme - Antenne Canal du Midi

Avenue Pierre Curie, 11800 TREBES

contact@grand-carcassonne-tourisme.fr

Tel : 04 68 78 89 50

<https://www.grand-carcassonne-tourisme.fr/votre-sejour/pratique/loffice-de-tourisme/nos-bureaux-dinformations/antenne-de-montolieu-cabardes/>