

# Around Miramont

Alaric - Barbaira



Ruines de Miramont



*From the top of this headland, the view embraces a magnificent landscape formed by the Aude valley, the reliefs of the Minervois up to the borders of the Montagne Noire.*

The vestiges which still remain, were built on top of the foundations of the castle of the Visigothic king, Alaric II. Erected on a strategic point, the castle was probably built by the lords of Capendu at the beginning of the Middle Ages. The remains of the *Miramont Castle* are attached to the northern side of the *Alaric mountain*, 4 km southwest of the town of *Barbaira*. Standing on the isolated plateau at an altitude of over 300m/985ft, this site is a protected area.

## Useful information

Practice : By foot

Duration : 2 h 30

Length : 7.4 km

Trek ascent : 365 m

Difficulty : Medium

Type : Aller-retour

Themes : Point de vue, Archéologie et histoire

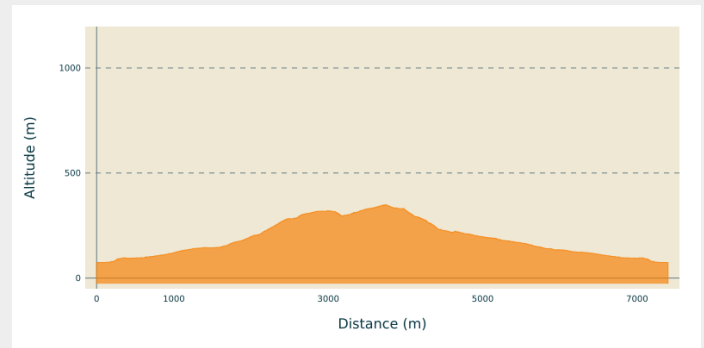
# Trek

**Departure** : Barbaira- Place du 14 Juillet

**Arrival** : Barbaira - Place du 14 Juillet

**Cities** : 1. Barbaira  
2. Floure

## Altimetric profile



Min elevation 73 m Max elevation 349 m

## Signs: Yellow markings topped by a circle of the same colour

From the “*Place du 14 Juillet*” square take the *rue de la Mairie*, pass under the railway line and take the *Côte à Cailloux* (steep pebble path), a medieval track. Place de l'Eglise, take the *rue du Carrayat* then turn left on *rue de la Faichette*. Turn right on *rue de Miramont* and follow the *chemin de la Tuilerie* to leave the village.

Pass under the highway and turn right for about 200m/656ft.

Turn left, then right, on a slightly steep path lined with low walls. Follow the *Chemin du four à Chaux* up to the parking lot of the plant nursery. Cross the D8008 and follow the path to the plant nursery for 200m/656ft.

Turn right onto the *Pas de Roland* path, then a few dozen meters further on, this will take you to a viewpoint overlooking the *Aude valley*, the *Minervois* relief as far as the edge of the *Montagne Noire*.

Carry on along the path up to the "departmental" road.

At this point, turn left for about 600m/1970ft.

At the track intersection, turn left and go down the path on 200m/656ft.

You are on the site of the remains of the *Miramont castle*.

Then carry on going down by the same route towards the plant nursery, turn right to reach the village by taking the departmental road D8008 through the farmstead “*metairie*” towards the village.

# On your path...



# All useful information

## How to come ?

Advised parking

Place du 14 juillet

## Information desks

### Office de Tourisme - Antenne Canal du Midi

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